



# e-CIS : Supervision in Counseling

## INTRODUCTION

This product involves creating a new delivery format on counseling supervision guidelines through mobile application. The product is called e-CIS (Counseling Supervision) – its purpose is to help counseling supervisors to supervise counselors-in-training with just-in-time information and instant access to the guidelines regardless of settings. The method used for development of this supervision guidelines was Explanatory Sequential Design focusing on emerging consensus data collected from experienced counselors.

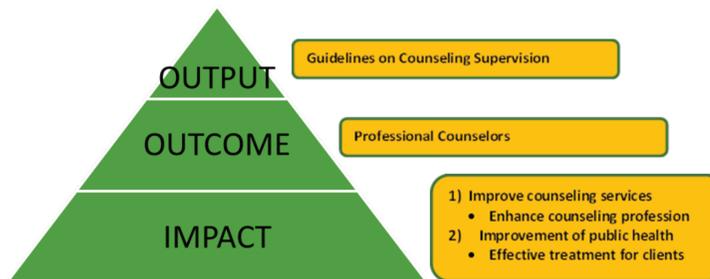
Twelve guidelines in counseling supervision emerged from the data. The guidelines were framed based on the Discrimination Supervision Model that purports to be a-theoretical. As a result, a counseling supervision guideline consisting of four components were developed: (a) counseling supervision guidelines, (b) supervision process, (c) record keeping and documentation, and (d) evaluation. The counseling supervision guideline is built into a mobile application as a delivery format for counseling supervisors – named e-CIS. This product strengthens the role of counseling supervisors as a counseling professional gatekeeper where it serves as a platform for a supervisor to e-supervise his or her counselor-in-training with cost-effective manner. e-CIS is an open strategy to a future facing education ecosystem through being committed to ensuring that counseling profession is well supervised.

## PROBLEM STATEMENT

Counseling supervision is a tight job, but it is crucial as through it we can access professional development of counselors. In Malaysia, counseling supervision is delivered using existing (traditional) strategy, where the supervisors need to allocate their time wisely as a supervisor and a counselor. Sometimes they have to travel far in order to do supervision, thus it is financial and time consuming. What is missing in the current state of knowledge is a new delivery format on counseling supervision guidelines, where it can help supervisors to supervise counselors-in-training with just-in-time information and instant access to the guidelines regardless of settings. Thus, through e-CIS, it helps supervisor to do supervision virtually without physically being there and more cost effective.

## OBJECTIVES:

- ONE** i. Interview licensed and experienced counselors to develop consensus data on counseling supervision guidelines
- TWO** i. Develop a set of guidelines of counseling supervision that cater education ecosystem of counseling supervision
- THREE** i. Develop a new format delivery of counseling supervision.



## NOVELTY:

- First online application on counseling supervision in Malaysia. The new delivery format on counseling supervision guidelines add-on a valuable component in the supervision ecosystem.
- It uplifts the existing (traditional) supervision strategy to virtual supervision - cost-efficient
- Allows for continuous online engagement for counseling supervisors.

## USEFULNESS

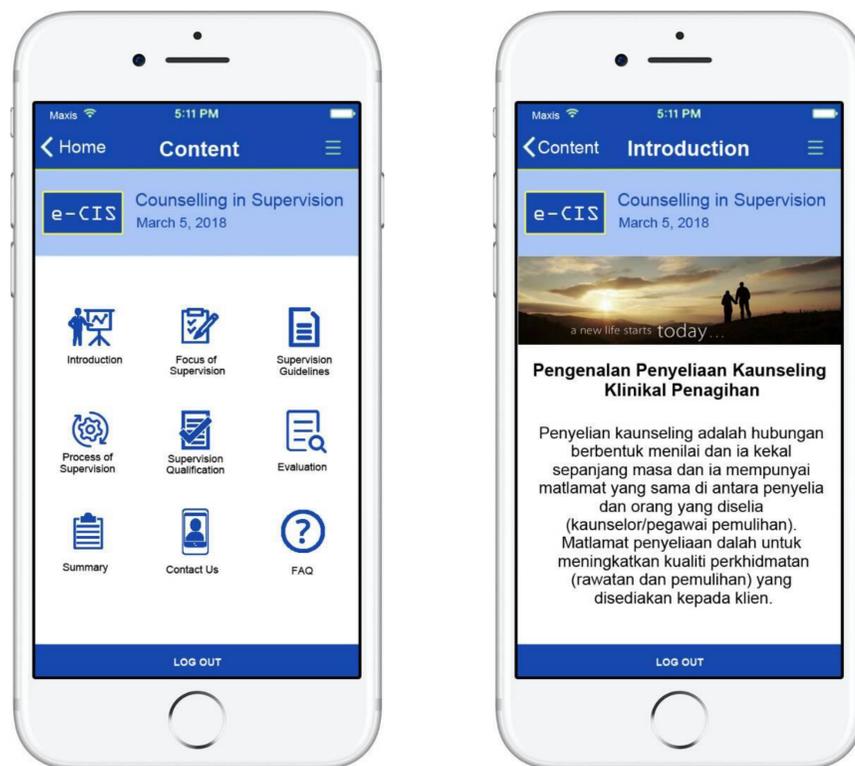
- It's handy. Can get access with supervisees anywhere and at anytime. Promoting counseling without boundaries.
- Easy to use as manual is provided.
- Time efficient and lower the cost of delivery
- Can conduct supervision, discussion and live interaction with supervisor; individually or in group.

## POTENTIAL TOWARDS UMMAH

- Useful in counseling setting or those who needs to do supervision but facing with time and cost constraint
- Use of technology in supervision as nowadays everything can be access with a single click. More fresh and trendy yet still informative supervision's style.

## AWARDS/RECOGNITION RECEIVED

- e-CIS (Supervision in Counseling) is an outcome from Academic Research Grant funded by the National Anti-Drug Agency Malaysia (AADK).
- Bronze medal in i-INOVA



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